

Sacred Ode to Gaia

Rooted in Earth, Guided by Love.

Sacred reflection,

These pages welcome you as you are. Let your words arrive in their own time, without needing to make them beautiful, certain, or complete.

Follow a thought that asks for space, capture a memory, explore a question, or simply write what is with you today. There is no required path through this journal.

Write a little or fill the page. Pause when you need to. Leave room for what you do not yet have words for.

May this be a gentle place to listen to yourself and remember your belonging within the living Earth.

With love,
Demearria Freeman
Founder

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